



COCHRAN'S SKI AREA

Race Day Medical Plan

Trails: I-89 and Race Trail

Race course is manned by race officials and Ski Patrol. Sled is at top of course. Patrollers rotate as needed.

Stop-the-Bleed kits are located outside the upper and lower T-bar shacks and in the starter's packpack. Cochran's coaches have also been trained and carry kits.

Treatment facilities:

Immediate care and care for minor injuries (bumps, bruises, etc) at the maintenance building Ski Patrol room, which is fully equipped for basic first aid.

For more serious injuries, Richmond Rescue (ALS) Ambulance is dispatched from the Richmond village (5 minutes from ski area). Patients will be transported to the University of Vermont Medical Center, a Level 1 Trauma Center, in Burlington, VT (30 minutes from ski area).

If Richmond Rescue is unavailable, UVM Rescue ambulances serve as backup.