



Helmet Shopping Tips

Please note there are some requirements about helmets worn in competition:

For most racers, helmets must have hard sides, not soft covering over the ear area; For U14 and older in Slalom only, athletes are permitted to wear a helmet with soft ear protection.

Also, U14 and older must have FIS approved helmets, with sticker visible. See below.

As athletes enter U12 and above, they may start cross blocking in SL (athlete dependent). If purchasing a new helmet that may be used at the U12 age group or above, consider a helmet with the fastening system for a chin/face guard if/when an athlete starts cross blocking so that a second helmet does not need to be purchased. (The chin guard needs to be removable for GS.)

Helmet mounted cameras are not allowed on helmets in official training or competition. USSA does not wish for officials to disqualify, or deny entry or starts to an athlete because the athlete has personalized his/her helmet with stickers, glitter, helmet cam mounts or other applications.

